Altersklasseneinteilung – Einzelwettkampf
Schleuderball / Steinstoßen männlich & weiblich

Alter M / W	Altersklasse M	Schleuderball (kg)	Stein (kg)		Altersklasse W	Schleuderball (kg)	Stein (kg)
14 – 15	M 14	1,0	7,5		W 14	1,0	5,0
16 – 17	M 16	1,0	10,0		W 16	1,0	5,0
18 – 19	M 18	1,5	10,0		W 18	1,0	5,0
20 – 29	M 20	1,5	15,0		W 20	1,0	5,0
30 – 34	M 30	1,5	15,0		W 30	1,0	5,0
35 – 39	M 35	1,5	15,0		W 35	1,0	5,0
40 – 44	M 40	1,5	15,0		W 40	1,0	5,0
45 – 49	M 45	1,5	15,0		W 45	1,0	5,0
50 – 54	M 50	1,5	10,0		W 50	1,0	5,0
55 – 59	M 55	1,5	10,0		W 55	1,0	5,0
60 – 64	M 60	1,0	7,5		W 60	1,0	3,0
65 – 69	M 65	1,0	7,5		W 65	1,0	3,0
70 – 74	M 70	1,0	5,0		W 70	1,0	3,0
75 – 79	M 75	1,0	5,0		W 75	1,0	3,0
80 – 84	M 80	1,0	3,0		W 80	1,0	3,0
85 – 89	M 85	1,0	3,0		W 85	1,0	3,0
90 – 94	M 90	1,0	3,0		W 90	1,0	3,0
95 plus	M 95	1,0	3,0		W 95	1,0	3,0